Planning your meals at Camp Cedar Falls

Well-balanced lacto-ovo vegetarian menus are used. No caffeinated beverages are served. Meal serving lines are generally open for one hour. To keep our facilities beautiful, we request that food and drink is limited to the designated eating areas. If additional cleaning or spot removal is required there will be a minimum charge of \$25. There is to be absolutely no cooking in lodge rooms. Meal tickets or wristbands may be required. No refunds will be given for unused meal tickets or wristbands.

Standard Meal Times: Breakfast 8:30 to 9:30 am Lunch 1-2 pm

Supper 6-7pm

Arrangements must be made if a group wishes to alter this schedule. A meal count must be given 7 days prior to arrival. You must order 3 meals for full day stays. The group will be charged for the count given, plus any extra people above the original count. Please notify us of any changes to the meal count.

You may request the entrée served at each meal. Request made less than two weeks prior to your arrival will not be considered. The camp will select sides that complement the entrée. All selections are subject to camp approval. Breakfast will have a fruit bar consisting of a selection of fresh and canned fruit, dry cereal, milk, fruit juice, entrée, sides. Lunch and Dinner consists of salad bar, entrée, sides, desert, punch, bread, peanut butter and jelly.

The following are suggested entrees that you can choose from or perhaps you have other suggestions not listed here.

Breakfast entrees:

Pancakes French toast Biscuit w/gravy

Waffles Breakfast Burrito

Lunch/Supper entrees:

Potato Bar Cheese Enchilada Chops Spaghetti Veggie Burger **Scallops** Veggie wrap Pasta Stroganoff Stir Frv Mac-n-cheese Grilled Cheese Chow Mien Cottage Cheese Loaf Vegetable Curry Pizza

Sandwich Bar Corn Dogs Haystacks Tofu Loaf

Veggie HotdogSweet-n-Sour TofuBBQ ChickenQuesadillaVeggie LasagnaBurrito Bar